



HELLO
MAY



THE
MOCA
Motion

COMMUNITY CLEAN UP

Want to save a trip to the landfill?
This FREE event is available to all
Calgarians and accepts unwanted
household items and waste that are
too large for your black carts.



MAY 25, 2024
9:00 AM - 2:00 PM

2110 69 AVE SE, CALGARY AB
*see page 8 for a list of acceptable items

2023-2024 BOARD OF DIRECTORS

| | | | |
|-------------------------------|--------------------|--|-------------------|
| President | Lorraine Robinson | Civic Affairs/ Green Line | Gary Sarohia |
| Treasurer | Kurt Busch | | Zev Klymochko |
| Secretary | Zev Klymochko | | Skylar Loder |
| Human Resources | Lorraine Robinson | Airport Development | |
| | Angela Cruickshank | Authority Rep | Sean Carney |
| | Corrine Watt | | |
| Finance & Audit | Kurt Busch | Lease & Insurance | Lorraine Robinson |
| | Barry Bickford | | |
| | Jim Logan | Facilities | Barry Bickford |
| SE CCRC Board Directors | Lorraine Robinson | | Jim Logan |
| | Corrine Watt | Community Hall Expansion | Jim Logan |
| Technology | Sean Carney | | Barry Bickford |
| | | | Kurt Busch |
| Events/Memberships | Corinne Watt | Policy & Procedure/Bylaws/ Business & Strategic Planning | Lorraine Robinson |
| | | | Sean Carney |
| | | Community Garden | Sean Carney |

 millicanogdenca
  Millican Ogden Community Association
  @MillicanOgdenCA

millicanogdencommunity.com
 2110 69 Avenue SE Calgary, AB T2C 0R5 ph: 403-279-4530

COMMUNITY RESOURCES

- Ward 9 Councillor:** Gian-Carla Carra 403.268.5330 or ward09@calgary.ca
- City of Calgary Services:** Call 311 or online at calgary.ca/311online or download the 311 mobile app.
- Calgary Police Services:** Online reporting at calgary.ca/cps/report-a-crime or call 403.266.1234
- Alberta Income Supports Contact: Toll free:** 1-877-644-9992 **Email:** css.ascc@gov.ab.ca
- City of Calgary, Neighbourhood Partnership Coordinators:** Stephan Horbay stephan.horbay@calgary.ca
- CPS CRO - CNST Sue Bennet 3920:** Pol3920@calgarypoliceservice.ca
- Community Garden:** www.locg.ca
- Youth Centres of Calgary - Ogden:** info@youthcentresofcalgary.com or www.youthcentresofcalgary.com
- Southeast Calgary Community Resource Centre:** 2734-76 Avenue S.E **Phone:** 403-720-3322
- Kids Help Phone:** 1-800-668-6868 or text 686868

MAY 2024 PRESIDENT'S MESSAGE

RECAP OF THE MOCA MARCH 5, 2024 GENERAL MEETING:

- Thank you to the community residents who attended our first MOCA General Meeting in the newly renovated MOCA Hall. Attendees were most impressed with the Historical Vinyl mural in the foyer hallway.
- The City of Calgary Proposed Blanket Rezoning Policy brought about a conversation about the present City planning & development process. As you read this newsletter, the outcome of the City of Calgary Hearing on the Proposed Blanket Rezoning Policy of the week of April 22nd will probably have been made public. MOCA submitted a letter stating that though there is general support for appropriate redevelopment, especially on major corridors, we shared our concern over the capacity and the age of the existing utility infrastructure in the community, and should the policy be passed, the importance to conduct a closer look at selected areas within a community to ensure the application of a blanket zoning does not impair the streetscape and its general ambiance or bring about a decrease in property value.
- Former legion building demolition: the owner has appealed the City of Calgary demolition order to Court of King's Bench. Hearing date set for May 21.
- Launching of the new MOCA webpage in April: www.millicanogden.com

MOCA MAY 7, 2024 GENERAL MEETING - MOCA UPPER HALL @ 7 PM

- Refer to the agenda on page 4.

MOCA OCTOBER 8, 2024 AGM

- Considering becoming a MOCA Director: elections will be held at the MOCA October 8th AGM meeting.
- For more information on the role of the MOCA Directors, you can e-mail me at president@millicanogdencommunity.com and/or consult the MOCA Board of Directors Policy and Manual - Terms of Reference for Board Positions pages 22 to 36: <https://www.millicanogden.com/board-of-directors>.
- New financial auditor for MOCA Financials: June 1, 2023 to May 31, 2024 fiscal year: Steve Potter, CPA, Czechowsky, Graham & Hanevelt Chartered Professional Accountants. The audit will take place in July with presentation to the Board in September followed by a presentation to the membership at MOCA's October 8th AGM.

MOCA COMMUNITY CLEAN-UP – UPCOMING EVENT:

- MOCA Community Clean-up – MOCA Parking Lot: Saturday May 25th from 9 am to 2 pm. If interested in volunteering, please e-mail the MOCA GM at generalmanager@millicanogdencommunity.com or at 403-279-4530. Refer to the poster on page 8 for the list of acceptable items.

STAMPEDE COMMUNITY CHILLI COOK-OFF

- A Stampede Community Chilli Cook-Off, sponsored by MLA Tanya Fir and organized by community resident Gary Vegelis, Ogden 50+ and MOCA, will be held on Friday, July 12th from 11 am to 3 pm. See poster on page 4. Volunteers required.

MOCA MOCA HALL RENOVATION UPDATE:

Lower Hall

- Renovation of the lower hall bathrooms continues. The replacement plumbing is awaiting inspection approval. The contractor to install the new fixtures has set a date for the work and the additional materials required have been ordered. The remaining drywall work is being completed in the next couple of weeks.
- The electrical work has just received a "passed" inspection by the City. The next stage of the electrical work can now proceed.
- The flooring material is being held in the warehouse while we get the floor ready, and all the furniture moved around.
- The replacement ceiling tiles and fire retardant materials are being installed.

Exterior Renovations

- The final revisions for the DP application have been done. The last correspondence received from the City identified that the file was to be sent forward for approval.
- Updated estimates for the accessibility ramp have been requested.
- Updated estimates for the concrete patio and sidewalk work have been requested.
- The installer of the new siding can start once the permit is in place and the elevation of the finished patio can be finalized.

Annex / Office

- As part of the ongoing renovations, we are beginning the process of requesting estimates for the Annex building.
- We continue to be most grateful for our funders: the Royal Canadian Legion - Ogden Branch 154, Legion, the Province of Alberta, the South Calgary Lions Club and MOCA, our community association.

JACK SETTERS ARENA UPDATE:

- Parking lot: MOCA President and MOCA Facilities Director shared concerns over the parking lot drainage system with City of Calgary team including Stephan Horbay, MOCA's NPC. A study will be carried out to look at possible solutions as drainage is a problem at both the east end and the west end of the front of the arena.
- Dasher Boards: Omnisport installed new dasher boards in mid-April. Funding from the CCG (Capital Conservation Grant), City of Calgary.



MAY 2024 PRESIDENT'S MESSAGE

- SuperBall Hockey Season: FREE ball hockey week camp (Mon-Fri 9:00 – 2:00 pm) the first week of July. For more information, please contact 1-888-583-5775.
- Ice-in: Thank you Marsha, MOCA General Manager, for applying for Jack Setters to be the training site for the Arena Level 1 course on August 15th and 16th. As this course focuses on putting ice in, our ice will be put in place as part of this course along with one free registration for one of our facilities attendants. Two of our present facilities attendants took the Arena Operators Level 2 four-day course in mid-April.
- Bird houses: Looking for volunteers to build a couple of bird houses to be mounted on the north wall of the arena where flickers have been peaking holes in the wall and nesting. The holes will be filled with cement and the bird houses will be mounted beside the old holes.

SE CCRC (Southeast Calgary Resource Center):

- Free tax clinic: As of April 17th, Shirley, Career & Employer Counselor, had assisted 71 low income clients with their tax returns. Great service to provide to clients. Thank you Shirley and to the volunteers at the Chartered Professional Accountants of Alberta for their volunteerism which allows us to offer this service to clients with low incomes.
- Crestwood location (2425 69 Ave SE): The Indigenous group working on regalias for their celebrations meets on Wednesday nights and Saturday afternoons.
- A Blooms and Bites Session was held on April 24th. Participants created flower arrangements and then engaged in some wellness exercises. As the session was such a success, plans are to hold a similar session in the near future.
- Mother's Day Celebration: May 9th from 9-11 am and 1-3 pm. Serving tea and cookies and giving away purses and carnations.
- Annual Garden Event/Community Clean-up: May 25th from 10 am to 1 pm. Garden soil, seeds, seedlings, expert gardening advice and rock painting. The Tool Lending Shed will also be open for borrowing of gardening tools (lawn mowers, wheel barrows, shovels, shears and more). Coffee and donuts. There will also be 2 large City of Calgary garbage bins to dispose of household items to be located at the end of the alley between 76th St 74th Ave SE.

- Access to the Clothing Room and requests for emergency food/bread continue to be in high demand. Thank you to all of the SE CCRC volunteers for assisting with in the clothing room and in the food distribution. A special thank you goes out to a very dedicated couple, Vince and Danielle, who deliver food to the Centre from the Veteran's food bank on Saturdays and deliver a load of clothes for the Clothing Room every Friday.

MOCA Newsletter:

- We continue to look for small local businesses to highlight in our newsletter. If you know of a business that we can contact, please let the office know at generalmanager@millicanogdencommunity.com

Newsletters are distributed to approximately 250 e-mail accounts monthly. If you know of anyone interested in receiving a copy, please have them e-mail generalmanager@millicanogdencommunity.com.

Hard copies are available at the following sites: Ogden 50+, the 3 Community schools + Charter school, Clip & Curl Salon, SE CCRC, IDA Rexall Drugs, Mozy's Café, St Bernadette Parish, St. Augustine Church, Ogden Medical, Lynnwood Medical, Momentum Health, Friends & Family Dental, Sobey's, Jack Setters Arena, MOCA Office, MOCA Upper Hall, Youth Centre of Calgary – Ogden and Ogden Hub 29.

Ogden/Millican Crime Stats February 2024

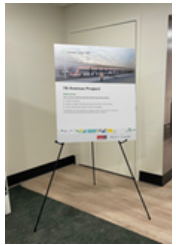
Statistic Monthly Report:
Constable Sue Bennett.

As we are part of District 6, the statistics are compared the whole of District 6. A reminder to residents to ensure vehicles are not left unattended, especially with the arrival of colder weather.

| Ogden/Millican Crime Stats March 15-April 15, 2024 | | | |
|--|---------------|----------------|------------|
| *Auto theft appears to be on the rise everywhere in the District | | | |
| Main Issue | Date Range | Millican/Ogden | District 6 |
| House Break and Enters | February 2024 | 3 | 22 |
| | March 2024 | 2 | 12 |
| | April 2024 | 0 | 17 |
| Shop Break and Enters | February 2024 | 1 | 17 |
| | March 2024 | 5 | 41 |
| | April 2024 | 1 | 33 |
| Car Prowlings | February 2024 | 5 | 83 |
| | March 2024 | 5 | 73 |
| | April 2024 | 2 | 84 |
| Stolen Vehicles | February 2024 | 3 | 37 |
| | March 2024 | 5 | 39 |
| | April 2024 | 1 | 50 |

Green Line Open House – 78 Ave SE Update

- The Green Line Open House on the 78th Ave tunnel of Thursday, April 4th saw 35 residents in attendance.
- The week prior, the Green Line team knocked on doors of the residences living near the future tunnel to provide them with an update.



Seniors discount on personal registry services.

- As of April 1, 2024, seniors are eligible for a 25% discount on services like vehicle registration renewals, driver's licenses, standard plates, and vital statistics products like marriage licenses. Eligible seniors must be a resident of Alberta and 65 years or older on the day they purchase the registry service or product. Discount also available when purchasing online through MyAlberta eServices: alberta.ca/seniors-discount.

MOCA Dates to note:

- MOCA General Meeting: Tuesday, May 7, in the MOCA Upper Hall @ 7 pm
- MOCA Community Clean-up – MOCA Parking Lot: Saturday May 25th from 9 am to 2 pm.
- Stampede Community Chilli Cook-Off: Ogden 50+ and MOCA site - Friday, July 12th from 11 am to 3 pm.

Happy Mother's Day – Sunday, May 12th:

**Lorraine Robinson,
MOCA President**



May 3-4-5
2024

ABOUT LEAD A WALK JOIN A WALK WALKING MAPS AND MORE

[Click here to sign up](#)

HISTORY OF MILLICAN OGDEN

Fri, May 3, 2024 10:00 AM

Millican-Ogden SE Calgary

Meeting Place: Across the street from Victory Manor (the former Ogden Hotel) at 7012 Ogden Road SE
⌚ 2 hour(s)




Soccer Centre dome and artificial turf field upgrade

The Calgary Soccer Centre (CSC), located at 7000 48th Street S.E., will be undergoing improvements including:

- Upgrading the outdoor natural turf field to a full FIFA size 11 v 11 artificial turf field.
- Building an air-supported structure (dome) over the new artificial turf field.
- Constructing a new amenity building that will include change rooms, referee change room and a universal public washroom.
- Improving the parking lot infrastructure and upgrading storm water management systems at the CSC.

Construction is anticipated to start in April 2024 and public use is projected to start in early 2025. Impacts of construction are:

- The natural turf field will be closed for the duration of construction. Access to the CSC, Annex and outdoor fields 1, 2 and 3 will remain open.
- The west parking lot at the CSC will be closed during construction. People needing to park at the CSC during construction can use the north parking entrance or utilize street parking along 48th Street or 68th Avenue S.E.


Once complete, citizens will have access to a high-quality, year-round practice and play space. It will be bookable by anyone. Uses include soccer, lacrosse and field hockey. For information, visit calgary.ca/CSCDome or contact 311.



May General Meeting

Our April meeting will be held on **Tuesday, May 7 7:00pm**

This General Meeting will take place in the newly renovated **MOCA Community Hall (upper hall)**



MONTHLY GENERAL MEETING – MOCA UPPER HALL
7:00 pm Tuesday, May 6, 2024

| | | |
|---------|-----|---|
| 7:00pm | 1. | Call to order: |
| | 2. | Approval of the Monthly General Meeting Minutes of April 2, 2024 |
| | 3. | Special presentation: no scheduled presentation |
| 7:05pm | 4. | Community Liaison Reports <ul style="list-style-type: none"> • Councillor Carra's Office, Ward 9: no representation • Community Resource Officer: Constable Sue Bennett • Neighborhood Partnership Coordinator – Stephan Horbay |
| | 5. | MOCA Directors Reports |
| | 5.1 | Treasurer's Report: Kurt Busch |
| | 5.2 | SEC Community Resource Centre: Director – Corinne Watt |
| | 5.3 | Community Hall Renovations – Directors Jim Logan & Barry Bickford |
| | 5.4 | Civic Affairs: Director Gary Sarohia |
| 8:00pm | 5.5 | MOCA Community Events: President Lorraine Robinson |
| | 5.6 | Technology Committee: Sean Carney |
| | 6. | Question & Answer Period |
| 8:15 pm | 7. | Motion to adjourn |

NEXT MOCA GENERAL MEETING: Tuesday June 4, 2024 @ 7 pm – MOCA HALL



Green Line 78th Avenue Work Update.



As part of the Early Works to prepare for Green Line construction in Ogden, several projects are taking place in the community, including a pedestrian tunnel near 72 Ave. S.E., and a vehicle tunnel and road upgrades at 78 Ave. S.E. Once the tunnel at 78 Ave. S.E. is complete and open to traffic, the vehicle crossing at 69 Ave. S.E. will be permanently closed.

Road upgrades to 78 Ave. S.E. between Ogden Rd. S.E. and 27 St. S.E. are set to begin in April, which include widening the road and adding new sidewalks and a cycle path. This section of road will be closed to vehicles and pedestrians until early September and will include detours throughout the three stages of work. Access to driveways and alleyways may be temporarily impacted and Canada Post boxes will be temporarily relocated. Waste and recycling services will continue as normal throughout the work.

Once the tunnel underneath Canadian Pacific Kansas City's rail line at 78 Ave. S.E. is complete in Summer 2025, it will connect to a roundabout built on the east side of the tunnel. This roundabout will allow trucks travelling on Ogden Dale Rd. S.E. to remain on designated truck routes without entering the community.

To learn more about construction visit: calgary.ca/greenline

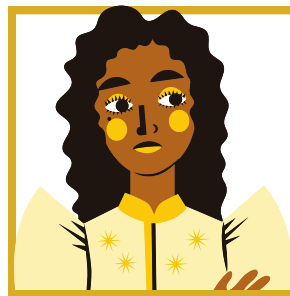
MEMBERSHIPS AVAILABLE ONLINE



FAMILY \$25



COUPLE \$20



SINGLE \$16



SENIOR - FREE

*Support your
Community*



MILLICAN OGDEN COMMUNITY ASSOCIATION

VISIT MILLICANOGDEN.COM

FOR MORE INFORMATION

SE Calgary Community Resource Centre

May 2024

Newsletter

2734 76 Avenue SE
Calgary, AB

403-720-3322



Hours of Operation:

M - 10 am - 4 pm
T - 1 - 4 pm
W-F - 8 am - 4 pm
(Closed) 12:00-1:00PM

Mission Statement

To provide information, education, referrals, and advocacy with kindness and care.

Donations Accepted

We are open to accepting all donations of food, clothing, and small household items. No big furniture items please

Let it Grow Gardening Event

Saturday May 25, 2024
10:00 am - 1:00 pm



We will be providing seedlings, seeds, garden soil, expert gardening advice and rock painting. We will also have our tool lending shed open for borrowing gardening tools (lawn mowers, wheel barrows, shovels, shears, and more).

There will also be 2 large City of Calgary garbage bins where you can dispose of unwanted household items. ---> The garbage bins will be located at the end of the alley between 76th & 74th Ave and available from 9 am -2:00 pm

How we can help:

At the Southeast Calgary Community Resource Centre we can help you with your job search, resume writing, and practice with interview skills. We also offer help with advocacy, referrals, assistance with applying for government benefits and various other basic needs supports.

On the second floor you will find a free computer lab with printing, faxing and other services available during our hours of operation. Please call to book an appointment with our Career & Community Connections specialists today.

PLEASE JOIN US FOR THE

1st Annual Chili Cook Off



SPONSORED BY:





Join your neighbours for some fun, snacks, refreshments and of course -- chili!

Friday, July 12th
11:00am – 3:00pm
2102 69 Ave SE (Ogden 50+ Activity Centre)

Chili Entries:
 sonia@ogden50plus.org

More information:
 www.ogden50plus.org



CALL FOR VOLUNTEERS!

WE ARE LOOKING FOR HELP IN THE MOCA OFFICE





WANT MORE INFO?? EMAIL MARSHA
GENERALMANAGER@MILLICANOGDENCOMMUNITY.COM

GOOD FOOD BOX PROGRAM

MONTHLY BOXES OF ASSORTED PRODUCE (SMALL, MEDIUM OR LARGE) AVAILABLE TO PURCHASE FOR APPROXIMATELY 50% OF RETAIL COST AVAILABILITY

CONTENTS VARY WEEKLY, DUE TO SEASONAL AVAILABILITY



THE SE CALGARY RESOURCE CENTRE OFFERS THE GOOD FOOD BOX PROGRAM

(GFB) is a program under the Community Kitchen Program of Calgary whereby anyone can purchase boxes of fresh fruits and vegetables at an affordable price. The Good Food Box Program offers a Hands Up approach as opposed to a Hands-Out. We offer all Calgarians and those in the surrounding areas, sustainable access to nutritious boxes of fruits and vegetables, to ensure that no one has to go hungry. The boxes are assembled by dedicated volunteers, who along with The Community Kitchen desire to see individuals and families accessing nutritious fruits and vegetables at an affordable price.



Pricing and Sizes

Small Box: \$30
 15-20lbs* of fruits and vegetables

Medium Box: \$35
 25-30lbs* of fruits and vegetables

Large Box: \$40
 35-40lbs* of fruits and vegetables

Order deadline Dates:
May 28, 2024
June 18, 2024

Pick Up at the SECCRC:
June 6 & June 27

Order at
contactus@secalgarycrc.ca
 by phone **403-720-3322**
 or in person at
2734 76 Ave SE, Calgary, AB

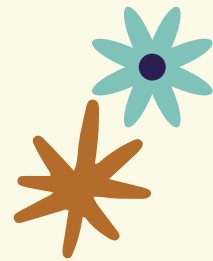
COMMUNITY CLEAN UP



Want to save a trip to the landfill? This FREE event is available to all Calgarians and accepts unwanted household items and waste that are too large for your black carts.

MAY 25, 2024
9:00 AM - 2:00 PM

2110 69 AVE SE, CALGARY AB



Acceptable materials include:
 Old / broken electronics, batteries, garbage, and metals

Materials that will NOT be accepted include:
 Tires, household chemicals, car batteries, home appliances, propane tanks, glass, paint, liquids, railroad ties

We are looking for volunteers to help: please email rentals@millicanogdencommunity.com



Thank you Community Strategies and Waste & Recycling for supporting this event!

OGDEN HOUSE 50+ ACTIVITY CENTRE



EVERYONE IS WELCOME!

Our centre is a great place to meet friends, play games, learn new skills and have great food. While our name says "50+" we are open to all ages! The centre is fully renovated and open from 8:00 AM to 4:00 PM Monday to Friday. We have activities like table tennis, pickleball and carpet bowling for more active members, and cards, quilting, painting and seated fitness for those with mobility challenges. For our full calendar of activities, please visit ogden50plus.org

Our address is **2102-69 Ave SE,**
Calgary AB T2C 3Y4.

For further information please call **403-279-2003**, email **sonia@ogden50plus.org** or visit our website ogden50plus.org

Follow us on social media to stay up to date on our events:

 @Ogden50Plus
 @Ogden50Plus

The Housekeeping Program - Services provided through the City of Calgary's *Seniors Services Home Maintenance* program. Phone 311 to apply. Regular rate of service: \$35 per hour. Contact the Housekeeping Supervisor at 587-839-6405 for more information.

TABLE TENNIS

Join us at Ogden 50+

2102-69 Ave SE
403-279-2003

4 tables/16 people can play at once four times a week.

Only \$35 annual membership includes free ping pong.

Please check our website & calendar at ogden50plus.org for days & times



May at Ogden 50+ Activity Centre

PIZZA LUNCH

Wednesday, May 1 - 12:00 pm
Pizza by Kim \$5.00

CONVERSATION CAFÉ

Wednesday, May 8
1:00 pm - 3:00 pm

Free Dementia Support Group, share your experiences and support others on the same journey. Casual, informal and no solicitation of any kind.

MOTHER'S DAY TEA & ARTISAN SALE

Saturday, May 11 from 10:00 am - 2:00 pm
Admission \$5.00 | Table Rentals \$25.00

BEEF DIP FRIDAY

Friday, May 17
Happy Hour 3 pm - 5 pm | Beef Dip - 4 pm | \$10.00
Beef Dip Sandwich & Chips
Pre-order by May 14

BIRTHDAY CELEBRATION

Tuesday, May 21 @ 2:00 pm
Anyone with a birthday in May is welcome to join us for a birthday celebration with cupcakes by Kim.

BREAKFAST

Wednesday, May 22
Sausages, French Toast, Fruit, Coffee & Tea
10:00 am | \$10.00
Pre-order by May 17

TGIF DINNER & DANCE

Friday, May 31
Happy Hour from 3 - 5 pm - \$5 beer/\$6 Cocktails
Dinner - 5:30 pm

Beef or Salmon, Cheezy Rice, Vegetables, Garden Salad & Buns
Dessert: Strawberry Mousse
\$20 Members - \$25 Non-Members
Dine in or pick up after 5:00 PM
Phone 403-279-2003 to pre-order by May 28.

Message from the Executive Director

May brings flowers! This month at Ogden 50+ we have our Mother's Day Tea, breakfast, happy hour as well as TGIF dinner & dance. We also have other events happening such as foot care nurses, birthday celebration & Conversation Café. We also have sketching & Tai Chi/Qi Gong among many others. Please join us if you are a member or are interested in our centre. There is something for everyone!

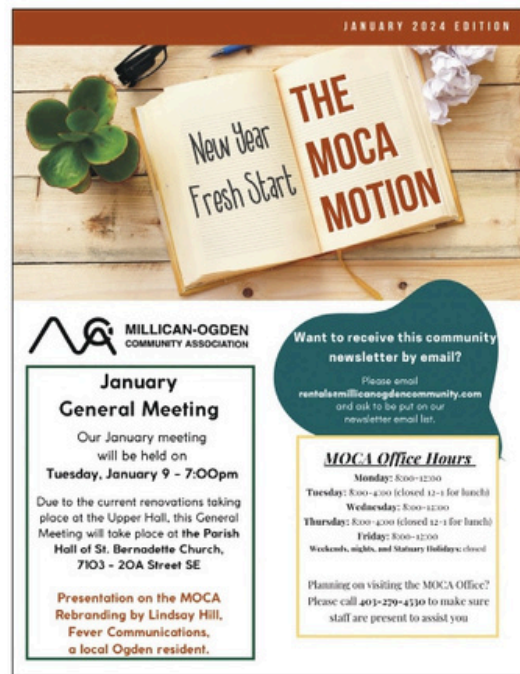
Have a wonderful May!

Renata Michalski



Advertise in our Newsletter

Our Newsletter is delivered by email to over 300 households. Hardcopies can be found at various businesses around Ogden/Lynnwood.



What is MOCA?

MOCA (Millican Ogden Community Association) is the community association who serves the communities of Ogden, Lynnwood and Millican Estates.

Why advertise with MOCA?

By advertising with MOCA, your services will not only be promoted locally but you will also be part of enhancing community life within communities MOCA serves. Your advertising dollars also remain with the community association.

Target Audience

Residents, businesses of Ogden, Lynnwood and Millican Estates and any of the users who frequent the Millican-Ogden Community Centre, Jack Setters Arena and the Southeast Calgary Community Resource Centre.

Distribution

- The MOCA Motion is distributed 12 times per year. In efforts to reduce the consumption of paper, MOCA's monthly newsletter is distributed via:
- Digital Copy: email subscription to our community members and anyone who requests to be added to the distribution list
- Website where readers can download and the link is advertised on MOCA's social media streams
- Printed Copies to: MOCA Community Centre, Ogden Medical Clinic, Jack Setters Arena, SE Calgary Community Resource Centre, Lynnwood Medical Clinic, St. Augustine's Church, Momentum Health, Ogden 50+ Activity Club

Rates

MOCA is currently offering an introductory reduced rate until such time as we can expand readership and other offers such as including ads at the arena. (More information will be shared as it becomes available). All ads will be in color except for the classified ads. All ads will be located in the business section of the newsletter.

***"Classified ads" definition: Placing an ad with no images. Contains: Business name, contact info and 2-3 sentences for a description.

| AD TYPE | 1 Issues | 3 Issue | 5 Issue | 11 Issues | *Prices do not include GST ** Classified Ads are 2-3 sentences and contact information ***Local = Ogden, Lynnwood, Millican Estates price as noted; Non-local = outside local zone, price an additional 20% |
|---------------|----------|--------------|-------------|--------------|---|
| | | 3 % discount | 5% discount | 10% discount | |
| Quarter Page | \$40.00 | \$116.40 | \$190.00 | \$396.00 | |
| Half Page | \$55.00 | \$160.05 | \$261.25 | \$544.50 | |
| Full Page | \$75.00 | \$218.75 | \$356.25 | \$742.50 | |
| Classified Ad | \$25.00 | \$72.75 | \$118.75 | \$247.50 | |



Meetings 2024

Monthly Meeting - Tuesday, May 7

Monthly Meeting - Tuesday, June 4

Monthly Meeting - Tuesday, September 3

Annual General Meeting - Tuesday, October 8

Monthly Meeting - Tuesday, November 5

Monthly Meeting - Tuesday, December 3

All meetings are held in the Community Hall
@ 2110 69 Avenue SE at 7pm

**CONGRATULATIONS COLLEEN
FOR BEING AWARDED THE 2021 REALTOR® OF
THE YEAR – T.W.H. (BILL) SAUNDERS
MEMORIAL AWARD!**

This accolade is the most prestigious award a CREB® (Calgary Real Estate Board) member can receive and recognizes REALTORS® who exemplify high standards of professionalism, integrity, and outstanding dedication to the community.

"I am so honoured," said Colleen, after she was announced as the award recipient in June 2022. *"To be recognized in this way is probably the highest honour I could ever be granted."*



GW Colleen Whelan
Real Estate Team
BLESS THIS HOUSE
www.BlessThisHouse.ca

MaxWell
Capital Realty



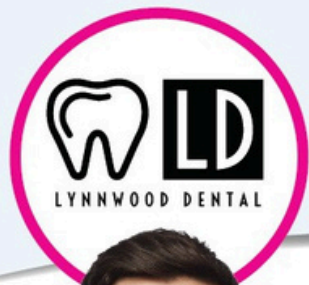
- Community Centred
- Service Oriented
- Experienced & Knowledgeable

@BlessThisHouse.ca
 @colleen.corinne_realestate

Contact us today to discuss your real estate goals

COLLEEN WHELAN
REALTOR®
403-471-4234
colleen@blessthishouse.ca

CORINNE MAHER
REALTOR®
403-978-2989
corinne@blessthishouse.ca



We'll Help You Overcome **DENTAL ANXIETY!**

If you've been putting off your dental work, our **Sedation Dentistry** can improve your smile and overall health!

- ✓ Comfortable
- ✓ Affordable
- ✓ Quick
- ✓ Very Safe

Now You Can Get the Smile You Deserve!

FREE CONSULTATION SEE IF YOU QUALIFY FOR "ANXIETY-FREE" DENTISTRY



The **GLENMORE INN**
& Convention Centre



Your Neighbourhood Place to Eat

The Garden Court Restaurant offers an unforgettable dining experience with family, friends, or colleagues. Enjoy a relaxing atmosphere from the comforting sound of the waterfall to the warmth of the sunlight, among the flourishing plants.

10% OFF
Minimum spend of \$30

Bring in this coupon- Expires May 31, 2024
(Conditions may apply, cannot be combined with other offers, Not valid on Liquor purchases, one coupon per table, No cash value)

The **GLENMORE INN**
& Convention Centre

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